



Link to Video of the March CLIF

CLIF Video Facebook Link:

<https://www.facebook.com/usag.ansbach.7/videos/545901299608069/>

COVID-19 information from Preventative Medicine starts at **9:16** and ends at **40:59**



UNCLASSIFIED



U.S. ARMY



Community Leader Information Forum (CLIF)

4 March 2020



Community Calendar Highlights

DATE	TIME	EVENT	LOCATION
1-31 MAR		Overseas Housing Allowance Survey	Online
3-5 MAR	1830	Frozen Jr. Theatrical Performance	Sadowski Theater
13-15 MAR		German Fishing License Class	Von Steuben Community Center
14 MAR	0500	Lermoos Ski/Snowboard Trip	Lermoos, Austria
17 MAR	0900-1700	American Red Cross Blood Drive	Katterbach Fitness Center
17 MAR	1730	St. Patrick's Day 5K Leprechaun Chase	Katterbach Fitness Center
19 MAR		Pure Praxis, SHARP Special Event	Sadowski Theater
20-21 MAR	1930	Silent Sky Theatrical Performance	Terrace Playhouse
20-23 MAR	0900	Austrian Alps Ski/Snowboard Trip	Flachau, Austria
21 MAR	1600	March Madness Chili Cook-Off	Von Steuben Community Center
21 MAR	1730	Parent's Night Out	CDC / School Age Center
26 MAR	1100	USAG Ansbach Change of Responsibility	Katterbach Fitness Center
26 MAR	1130	Parent Advisory Committee	CYS (Building 9028)
26-28 MAR	1930	Silent Sky Theatrical Performance	Terrace Playhouse
27-29 MAR	1000-1600	IMCOM-E Varsity Basketball Tournament	Katterbach Fitness Center
28 MAR	0700	Dachau and Munich Trip	Munich, Germany
1 APR	1100	CLIF	Von Steuben Community Center
3-6 APR	0700	Taste of France Trip	Reims, France





COVID-19 Update

Key COVID-19 Websites

USAG Ansbach: <https://home.army.mil/ansbach/index.php/about/Garrison/public-affairs/coronavirus-covid-19>

U.S. Army Europe: <https://www.eur.army.mil/Home/COVID19/>

Centers for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Germany Specific Information

- <https://www.ecdc.europa.eu/en/cases-2019-ncov-eueea>

Everyday Preventive Actions

- Avoid close contact with people who are sick
- Stay home when you are sick
- Cover your coughs and sneezes with a tissue
- Wash your hands often with soap and water for at least 20 seconds

Travel: Only mission-essential travel to High-Risk areas. (**China, South Korea, Italy (Lombardy and Veneto Regions)**).

Recommended that Family Members also avoid High-Risk areas.





USAHC Ansbach



THE
A - TEAM

- Cases of flu have been reported. If you are sick, avoid public places. Make sure to wash your hands and cover your cough.
- Walk In Flu Shots for all categories from 1300-1600 daily. Pull an “ask a question” ticket from the kiosk and speak with the front desk.
- USAG Ansbach will follow local host nation protocols for the Coronavirus.
- China, Iran, Italy (Lombardy, Venice regions), and South Korea are at risk areas for infection.

For questions or concerns contact your patient advocate #0637194643723





COVID-19



- 1. Non-specific upper respiratory symptoms, febrile with **no** history of COVID 19 contact or travel to risk areas:
 - Manage without any need for isolation or specific viral diagnosis
- 2. Asymptomatic contacts with COVID 19 case who meets criteria of exposure:
 - Mandatory quarantine for 14 days
- 3. Asymptomatic patient who traveled to risk areas:
 - Highly recommended quarantine with counseling , duration 14 days
(Mandatory for Soldiers)
- BOTH CASES 2 and 3 NEED TO BE REPORTED TO GESUNDHEITSAMT ANSBACH
- 4. Symptomatic case (contact/risk area):
Gesundheitsamt Ansbach Contacted, keep isolate until Gesundheitsamt determines hospital to be used for diagnostic procedure and care

For questions or concerns contact your patient advocate #0637194643723





USAHC Ansbach



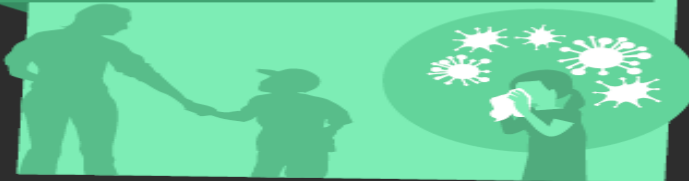
COVID-19

STOP THE SPREAD OF GERMS

THE
A
- TEAM

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



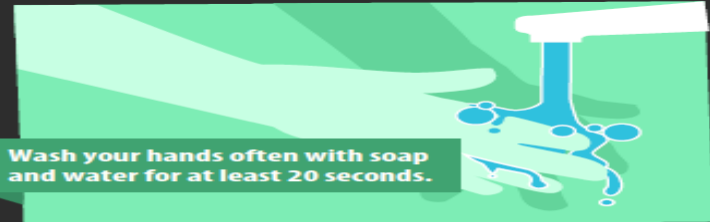
Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19

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For questions or concerns contact your patient advocate #0637194643723





- As of March 2, 2020
 - 81,197 cases have been identified
 - 80,026 in Mainland China
 - 1171 in other parts of the world, including 130 in Germany
 - 3,048 deaths (3.4% case fatality)

COMMON SYMPTOMS AT ONSET OF ILLNESS (Huang et al study) [3]

Fever	98%
Cough	76%
Myalgia (muscle pain) or Fatigue	44%

LESS COMMON SYMPTOMS:

Sputum production (coughing up material)	28%
Headache	8%
Haemoptysis (coughing up blood)	5%
Diarrhea	3%

A) Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China - Huang et al., The Lancet, January 24, 2020

B) Epidemiological and clinical characteristics of 99 cases of 2019 novel coronavirus pneumonia in Wuhan, China: a descriptive study - Chen et al, The Lancet, January 30, 2020

QM, USA MEDDAC Bavaria

DSN: (314) 580-2820

Email: joseph.m.scaletta.civ@mail.mil

For questions or concerns contact your patient advocate #0637194643723





Criteria for Evaluation of Patients Under Investigation (PUI) for COVID-19

Clinical Features	&	Epidemiologic Risk
Fever ¹ or signs/symptoms of lower respiratory illness (e.g. cough or shortness of breath)	AND	Any person, including healthcare workers ² , who has had close contact ³ with a laboratory-confirmed ⁴ COVID-19 patient within 14 days of symptom onset
Fever ¹ and signs/symptoms of a lower respiratory illness (e.g., cough or shortness of breath) requiring hospitalization	AND	A history of travel from affected geographic areas ⁵ (see below) within 14 days of symptom onset
Fever ¹ with severe acute lower respiratory illness (e.g., pneumonia, ARDS) requiring hospitalization and without alternative explanatory diagnosis (e.g., influenza) ⁶	AND	No source of exposure has been identified





Testing

- Landstuhl has the ability and approval to test COVID-19 samples
- Landstuhl Infectious Disease team are the 'gatekeepers' for any testing. All testing must be vetted through Landstuhl I.D. first.
- Host nation testing will be the primary source for USAG Ansbach, Landstuhl will be secondary source but may change to primary depending on host nation resources.

Treatment

- There are no treatments available for treatment of any coronavirus
- There are no vaccines available for the prevention of any coronavirus
- Focus is on symptomatic and supportive care.





- CDC recommends everyday preventive actions to help prevent the spread of respiratory viruses, including washing your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Additionally, there are everyday habits that can help prevent the spread of several virus, including 2019-nCoV, such as
 - avoid touching your eyes, nose, and mouth with unwashed hands,
 - avoid close contact with people who are sick,
 - stay home when you are sick,
 - cover you cough or sneeze with a tissue, then throw the tissue in the trash, and
 - clean and disinfect frequently touched objects and surfaces.



USAHC Ansbach



- Vision screening \neq eye exam
- Seeing 20/20 \neq healthy eyes
- You go to the dentist every year to take care of your teeth, but why do you not go to the optometrist every year to take care of your eyes?
- $>90\%$ of eye diseases do not cause pain, so how do you know you do not have glaucoma? Cataracts? Age-related macular degeneration?
- Simple! By visiting your friendly neighborhood optometrist every year!

For questions or concerns contact your patient advocate #0637194643723





USAHC Ansbach



- The American Optometric Association and American Academy of Ophthalmology minimal eye exam recommendations are as follows:
 - At least once before age 5*
 - Annually for ages 6 and older, contact lens wearers, and individuals with diabetes and high blood pressure
- Schedule your optometry appointment today by calling **DSN 590-3725** or **CIV 06371-9464-3725**
 - *Individuals age 5 or younger will be referred to local German eye doctor

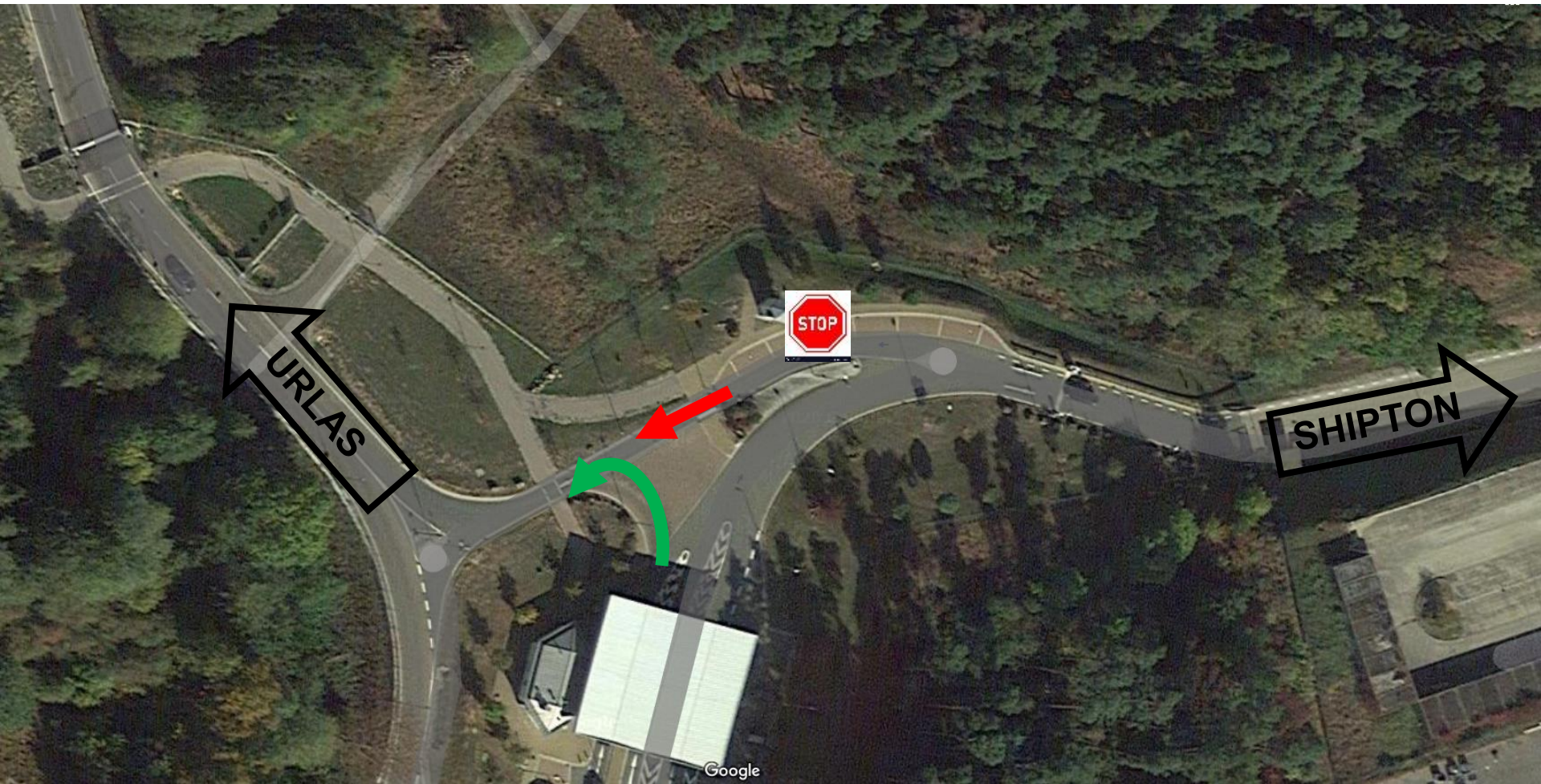
For questions or concerns contact your patient advocate #0637194643723





Directorate of Emergency Services

Traffic Issue at the Urlas/Shipton Access Control Point



Access Control Point (aka Gate)





Directorate of Public Works

2020 Overseas Housing Allowance Survey

WHO: Everyone who receives Overseas Housing Allowance, residing in privately leased quarters for at least 6 months

WHAT: Overseas Housing Allowance (OHA) Utility Expenses Survey

WHERE: Online at <http://www.defensetravel.dod.mil/site/ohaSurvey.cfm?ID=mar-util>

WHEN: Survey runs 1-31 March 2020 and takes approximately 30 minutes

WHY: The Overseas Housing Allowance is a valuable entitlement for members who are stationed overseas. You play a critical part as the data you provide will directly impact the Utility and Recurring Maintenance Allowance paid to members. Your time and effort spent answering the survey questions will enable the Department of Defense to set equitable OHA rates. We ask that you make every effort to take the survey and report your expenses accurately.





Family and Morale, Welfare, and Recreation

Save the Date

- ***Army Emergency Relief campaign runs through 15 May.***
- ***Theatrical Performance: Frozen Jr., 3-5 March at Sadowski Theater 1830.***
- ***Army Volunteer Corps, Recognition Ceremony, 22 April.***
Volunteer hours must be submitted by 6 March to AVC Coordinator, in VMIS.
- ***St. Patrick's Day 5K Leprechaun Chase, 17 March, Katterbach Fitness Center, 1730.***
- ***4-day Ski/Snowboard Trip to Flachau, Austria, 0900 Departure.***
- ***Theatrical Performance: Silent Sky, March 20-21, 26-28, Terrace Playhouse, 1930.***
- ***Parent's Night Out: 21 March at the Child Development and School Age Center.***
- ***March Madness Chili Cook-Off, 21 March, Von Steuben Rec Center, 1600.***
- ***2020 IMCOM-E Varsity Basketball Tournament, 27-29 March, Katterbach Fitness Center, 1000-1600.***

www.ansbach.armymwr.com facebook.com/ansbachfamilyandmwr





Family and Morale, Welfare, and Recreation

Army Emergency Relief

**Last year AER provide over
\$200,000 of assistance to the
Ansbach Community**

AER Annual Campaign 28 Feb-15 May 2020

Campaign Goals

- Make AER “a Soldier’s first choice” when seeking financial assistance for valid needs
- 100% informed, not just contacted. Inform every Soldier about the benefits and programs AER provides
- Encourage and offer Soldiers the opportunity to voluntarily participate in the campaign through their donation



Provide a hand-up for Soldiers.

Stand with your squad and make a one time or monthly donation to the Army’s own Emergency Relief Program.

See your unit representative or AER office for more information



Visit www.AERHQ.org to donate on-line





Family and Morale, Welfare, and Recreation

Army Community Service

Installation Volunteer Opportunities

Organization	POC	Contact Information	Location	Additional Information
Army Community Service	Toni McIntyre	Facebook: 'Ansbach Army Community Service' TEL: 09802-83-2883	BLDG 5817 Katterbach	Some positions require a background check.
CYS Youth Sports	Scott Hanson Robert Davis	https://ansbach.armymwr.com/programs/volunteers-coaches Facebook: 'Ansbach CYS' TEL: 09802-83-3537	BLDG 5984 Katterbach	Positions require a background check.
Outdoor Recreation	Zeljko Stjepanovic	https://ansbach.armymwr.com/programs/outdoor-recreation Facebook: 'Ansbach Outdoor Recreation' TEL: 09802-83-3354	BLDG 5807 Katterbach	
Ansbach Library	Michael Colarusso	https://ansbach.armymwr.com/programs/libraries Facebook: 'Ansbach Library' TEL: 0981-183-1740	BLDG 5083 Bleidorn Housing	Some positions require a background check.
Ansbach Welcome Center	Rhonda Hawes	Contact ACS for more information	BLDG 5818 Katterbach	Receptionist/greeter position available.
Katterbach Fitness Center	Steven Webb Patrick Kabuye Maurice Hamler	https://ansbach.armymwr.com/programs/ansbach-fitness-centers Facebook: 'Katterbach Fitness Center' TEL: 09802-83-2771	BLDG 9033 Katterbach	





Family and Morale, Welfare, and Recreation

Army Community Service

Installation Volunteer Opportunities

Organization	POC	Contact Information	Location	Additional Information
Post Chapel	Sue Nishimura, Myoung Lee	Facebook: 'USAG Ansbach Chapels' TEL: 0611-143-587-1556	BLDG 5819 Katterbach	Some positions require a background check.
Katterbach Community Mail Room (CMR)	Leigh Iles	https://volunteerconnection.redcross.org/?nd=rco_opportunity_browse_list&postal_code=09250 TEL: 09802-83-2136	BLDG 5817 Katterbach	Positions are managed by the Red Cross.
Child & Youth Services (CYS)	Trude Moellmann	https://ansbach.armymwr.com/programs/volunteers-coaches Facebook: 'Ansbach CYS' TEL: 09802-83-2098	BLDG 9028 Katterbach	Positions require a background check.
Outreach-Kontakt Franken	Bianca Sowders	https://home.army.mil/ansbach/index.php/about/Garrison/public-affairs/community-relations/ok-franken Facebook: 'Outreach Kontakt Ansbach'		Regular club meetings are held every first Tuesday of the month and the third Thursday of the month.
Terrace Playhouse Theater	Victoria Hanrahan	https://ansbach.armymwr.com/programs/terrace Facebook: 'Terrace Playhouse'	BLDG 5091 Bleidorn	Includes on and off stage opportunities.
Legal Assistance Office	Virginia Claire Nist	https://home.army.mil/ansbach/index.php/about/Garrison/garrison-associated-organizations/law Facebook: 'Ansbach Legal Assistance Office'	BLDG 5817 Katterbach	





Family and Morale, Welfare, and Recreation

Army Community Service

Installation Volunteer Opportunities

Organization	POC	Contact Information	Location	Additional Information
Ansbach Health/Dental/Veterinary Clinics	Leigh Iles	https://volunteerconnection.redcross.org/?nd=rco_opportunity_browse_list&postal_code=09250 TEL: 09802-83-2136	BLDG 5817 Katterbach	Positions are managed by Red Cross.
Ansbach Elementary School	Brian Jordan	https://www.dodea.edu/AnsbachES/ Facebook: 'Ansbach Elementary School' TEL: 09802-83-2628	BLDG 9028 Katterbach	
Ansbach Middle High School	Vitania Quninones-Quinland	https://www.dodea.edu/AnsbachMHS/ Facebook: 'Ansbach Middle High School' TEL: 09802-83-2808	Katterbach	
Better Opportunities for Single Soldiers (BOSS)	Zeljko Stjepanovic	https://ansbach.armymwr.com/programs/better-opportunities-single-soldiers-boss Facebook: 'Ansbach BOSS' TEL: 09802-83-3354		
Ansbach American Red Cross	Leigh Iles	https://volunteerconnection.redcross.org/?nd=rco_opportunity_browse_list&postal_code=09250 TEL: 09802-83-2136	BLDG 5817 Katterbach	
ASCC Thrift Shop	Thrift Shop Manager	https://asccbavaria.wixsite.com/ascc/get_involved Facebook: 'Ansbach Spouses and Civilians Club Thrift Shop' TEL: 09802-83-2354	BLDG 5515 Katterbach	





Family and Morale, Welfare, and Recreation

Army Community Service

DATE	TIME	EVENT	LOCATION
02 MAR	1100-1200	Intermediate German Class	ACS, 5817A
03 MAR	1130-1230	Basic German Class Series Begins	ACS, 5817A
04 MAR	0930-1500	Host Nation Orientation Day One	ACS, 5817A
04 MAR	1500-1600	Emergency Placement Care	ACS, 5817A
05 MAR	0930-1500	Host Nation Orientation Day Two	ACS, 5817A
05 MAR	1030-1200	Wiggles and Giggles Playgroup	NPSP Playroom
05 MAR	1300-1500	Letting Go; Stress Management	ACS, 5817A
06 MAR	1200-1300	Basic German Class	ACS, 5817A





Family and Morale, Welfare, and Recreation

Army Community Service

DATE	TIME	EVENT	LOCATION
09 MAR	1100-1200	Intermediate German Class	ACS, 5817A
10 MAR	0900-1100	Acing the Interview	ACS, 5817A
10 MAR	1000-1100	Table Talk Connection	ACS, 5817A
10 MAR	1130-1230	Basic German Class	ACS, 5817A
11 MAR	0900-1300	Military 101 Class	ACS, 5817A
11 MAR	1400-1500	Early Return of Dependents Class	ACS, 5817A
11 MAR	1530-1630	FAP Commander's Briefing	ACS, 5817A
12 MAR	1030-1200	Wiggles and Giggles Playgroup	NPSP Playroom





Family and Morale, Welfare, and Recreation

Army Community Service

DATE	TIME	EVENT	LOCATION
12 MAR	1300-1500	Taming Your Temper	ACS, 5817A
13 MAR	1200-1300	Basic German Class	ACS, 5817A
16 MAR	1100-1200	Intermediate German Class	ACS, 5817A
17 MAR	0900-1100	Career Planning for Beginners	ACS, 5817A
17 MAR	1130-1230	Basic German Class	ACS, 5817A
18 MAR	0930-1500	Host Nation Orientation Day One	ACS, 5817A
19 MAR	0930-1500	Host Nation Orientation Day Two	ACS, 5817A
19 MAR	1030-1200	Wiggles and Giggles Playgroup	NPSP Playroom





Family and Morale, Welfare, and Recreation

Army Community Service

DATE	TIME	EVENT	LOCATION
20 MAR	1200-1300	Basic German Class Final March Session	ACS, 5817A
23 MAR	1100-1200	Intermediate German Class	ACS, 5817A
24 MAR	1000-1100	Table Talk Connections	ACS, 5817A
25 MAR	0930-1300	Military 101 Class Part 2 of 2	ACS, 5817A
26 MAR	1030-1200	Wiggles and Giggles Playgroup	NPSP Playroom
26 MAR	various	Finding Financial Balance	ACS, 5817A
30 MAR	1100-1200	Intermediate German Class	ACS, 5817A
01 APR	0930-1500	Host Nation Day One	ACS, 5817A





Family and Morale, Welfare, and Recreation

Army Community Service

DATE	TIME	EVENT	LOCATION
01 APR	1500-1600	Emergency Placement Care	ACS, 5817A
02 APR	0930-1500	Host Nation Orientation Day Two	ACS, 5817A
02 APR	1030-1200	Wiggles and Giggles Playgroup	NPSP Playroom
02 APR	1300-1500	Letting Go; Stress Management	ACS, 5817A
07 APR	1200-1300	Basic German Class Series Begins	ACS, 5817A
08 APR	1400-1500	Early Return of Dependents Class	ACS, 5817A
08 APR	1530-1630	FAP Commander's Briefing	ACS, 5817A
09 APR	0900-1100	SFRG Leader Training	ACS, 5817A





Family and Morale, Welfare, and Recreation

Army Community Service

DATE	TIME	EVENT	LOCATION
09 APR	1030-1200	Wiggles and Giggles Playgroup	NPSP Playroom
09 APR	1300-1500	Taming Your Temper	ACS, 5817A
10 APR	1200-1300	Basic German Class	ACS, 5817A
12 APR	1130-1230	Basic German Class	ACS, 5817A
14 APR	1000-1100	Table Talk Connection	ACS, 5817A
15 APR	0930-1500	Host Nation Orientation Day One	ACS, 5817A
16 APR	0930-1500	Host Nation Orientation Day Two	ACS, 5817A
16 APR	1030-1200	Wiggles and Giggles Playgroup	NPSP Playroom





Family and Morale, Welfare, and Recreation

Army Community Service

DATE	TIME	EVENT	LOCATION
16 APR	0900-1100	SFRG Informal Funds Training	ACS, 5817A
17 APR	1200-1300	Basic German Class	ACS, 5817A
21 APR	1130-1230	Basic German Class	ACS, 5817A
22 APR	various	Finding Financial Balance	ACS, 5817A
23 APR	0900-1100	SFRG Key Contact Training	ACS, 5817A
23 APR	1030-1200	Wiggles and Giggles Playgroup	NPSP Playroom
24 APR	1200-1300	Basic German Class Final April Session	ACS, 5817A
28 APR	1000-1100	Table Talk Connection	ACS, 5817A





Family and Morale, Welfare, and Recreation

Army Community Service

DATE	TIME	EVENT	LOCATION
29 APR	0930-1500	Host Nation Orientation Day One	ACS, 5817A
30 APR	0930-1500	Host Nation Orientation Day Two	ACS, 5817A
30 APR	1030-1200	Wiggles & Giggles Playgroup	ACS, 5817A





Family and Morale, Welfare, and Recreation

Community Recreation Division

DATE	TIME	EVENT	LOCATION
MAR (Daily)	Ongoing	Great Courses: 100s of videos by top university professors and experts. <i>eResources at your MWR Library</i>	Online
MAR (Daily)	Ongoing	1968: My Lai Massacre <i>Military History at your MWR Library</i>	Bleidorn Library
MAR 3 Tue/Thu	1800-2000	USAG Ansbach Unit Level Volleyball Games	Katterbach Fitness Center
MAR 3-5	1830	Performance: Frozen JR <i>Tournament of Plays Entry</i>	Sadowski Theater
MAR 5 Tue/Thu	1000-1100 1730-1830	High Intensity Interval Training (HIIT)	Katterbach Fitness Center





Family and Morale, Welfare, and Recreation

Community Recreation Division

DATE	TIME	EVENT	LOCATION
MAR 13-15	1800	Outdoor Recreation German Fishing License Class	Von Steuben Community Center
MAR 14	0500	Outdoor Recreation Lermoos Ski/Snowboard	Lermoos, Austria
MAR 17	1730	St. Patrick's Day 5K Leprechaun Chase	Katterbach Fitness Center
MAR 18	1700-1800	Girl Scout STEAM Challenge <i>STEAM... on the Go!</i>	Bleidorn Library
MAR 20-21	1930	Performance: Silent Sky <i>Tournament of Plays Entry</i>	Terrace Playhouse
MAR 20-23	0900	Outdoor Recreation 4 Day Austrian Alps Ski/Snowboard	Flachau, Austria
MAR 21	1600	March Madness Chili Cook-Off	Von Steuben Community Center





Family and Morale, Welfare, and Recreation

Community Recreation Division

DATE	TIME	EVENT	LOCATION
MAR 26-28	1930	Performance: Silent Sky <i>Tournament of Plays Entry</i>	Terrace Playhouse
MAR 27-29	1000-1600	2020 IMCOM-E Varsity Basketball Tournament	Katterbach Fitness Center
MAR 28	0700	Outdoor Recreation Dachau and Munich	Munich, Germany
APR 3-6	0700	Outdoor Recreation Taste of France	Reims, France
APR 11	0500	Outdoor Recreation Zugspitze, Ski/Snowboard	Garmisch, Germany
APR 14-15	1830	Auditions: Moon Over Buffalo <i>Adult Comedy</i>	Terrace Playhouse
APR 18	2300	Outdoor Recreation Amsterdam & Keukenhof Gardens	Amsterdam, Holland





Family and Morale, Welfare, and Recreation

Community Recreation Division

DATE	TIME	EVENT	LOCATION
APR 21 Tue/Thu	1000-1100 1730-1830	Boot Camp	Katterbach Fitness Center
APR 22	1700-1800	Girl Scout STEAM Challenge <i>STEAM... on the Go!</i>	Bleidorn Library
APR 23	1800-1910	Unit Level Volleyball Championship Game	Katterbach Fitness Center
MAR/APR Mon-Fri	0900-1000	Functional Fitness	Katterbach Fitness Center
MAR/APR Mon/Wed	1800-1900	Functional Fitness	Katterbach Fitness Center
MAR/APR Tuesdays	1800-1900	Indoor Cycling	Katterbach Fitness Center
MAR/APR Thursdays	0900-1000	Indoor Cycling	Katterbach Fitness Center





Family and Morale, Welfare, and Recreation

Community Recreation Division

DATE	TIME	EVENT	LOCATION
MAR/APR Thursdays	1745-1845	Zumba	Katterbach Fitness Center
MAR/APR Thursdays	1900-2100	Pub Trivia Nights	Von Steuben Community Center
APR (Daily)	Ongoing	Kanopy: Over 30,000 videos available anywhere, anytime, on any device. <i>eResources at your MWR Library</i>	Online
APR (Daily)	Ongoing	1945: NAZI Death Camps liberated <i>Military History at your MWR Library</i>	Bleidorn Library





Family and Morale, Welfare, and Recreation

Community Recreation Division



MARCH MADNESS CHILI COOK-OFF!



So... they're having this chili cook-off and some people think they have the best chili in all of Ansbach! We'll see about that!



Let the whole Ansbach community come and judge! See you on Saturday, March 21st at 4 P.M. at the Von Steuben Community Center!

Saturday, March 21st, 2020

4:00 - 6:30 P.M.

Von Steuben Community Center on Bismarck Kaserne

No cost to register! Compete for prizes and pride!

Chili Competitors will be awarded prizes based on People's Choice, Judges Choice and Best Table Display

WHILE YOU SAVOR THE FLAVOR, WATCH MARCH MADNESS BASKETBALL!
VON STEUBEN WILL REMAIN OPEN FOR THE ROUND 2 EARLY GAMES

Contestant Requirements

- Bring chili warm, ready to serve in an electric 220V crock pot
- An extension cord
- A ladle
- Table displays are encouraged...pick a theme!
- Arrive to sign-in and set up at 3:00 P.M.
- Contestants set up location will be made upon arrival
- Please attempt to reduce as much plastic as possible with your materials!

Our secret panel of judges will judge chili for:

Aroma
Spice
Color
Consistency
Originality
Flavor

Taste Testers will be provided with the following:

Paper Tasting Cups, Wooden Spoons
Oyster Crackers

REGISTRATION FORM

Contestant Name(s): _____ EMAIL: _____ PHONE # _____

My Chili is: (circle one): MILD MEDIUM HOT The Name of my Chili is: _____

Please submit your registration to ryan.m.moran.naf@mail.mil or in person to the Von Steuben Community Center Admin. Office

REGISTRATION DEADLINE: MONDAY, MARCH 16th 2020 (Space is limited, register today!)

For more information contact Ryan Moran at 09802-83-7297 or by email: ryan.m.moran.naf@mail.mil

DATE RECEIVED (internal use only): _____ TABLE # _____





Family and Morale, Welfare, and Recreation

Community Recreation Division



**UNLIMITED ACCESS TO 150+ POPULAR COURSES
TAUGHT BY THE WORLD'S TOP PROFESSORS**



**“Tired of binge-watching?
Try some binge learning.”—USA Today**





THE GREAT COURSES

LIBRARY COLLECTION

HUNDREDS OF THE MOST POPULAR COURSES TAUGHT BY THE WORLD'S TOP PROFESSORS

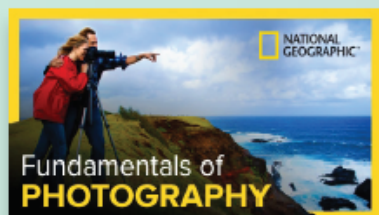
 DENOTES TITLES ARRIVING IN EARLY 2019



CATEGORY	TITLE	PROFESSOR(S)
Better Living	The Addictive Brain	Thad A. Polk, Ph.D.
Better Living	The Aging Brain	Thad A. Polk, Ph.D.
Better Living	The Art of Travel Photography: Six Expert Lessons	Joel Sartore
Better Living	Boosting Your Emotional Intelligence	Jason M. Satterfield, Ph.D.
Better Living	Changing Body Composition through Diet and Exercise	Michael Ormsbee, Ph.D.
Better Living	Cognitive Behavioral Therapy: Techniques for Retraining Your Brain	Jason M. Satterfield, Ph.D.
Better Living	Discovering Your Roots: An Introduction to Genealogy	John Philip Colletta, Ph.D.
Better Living	Dog Training 101	Jean Donaldson
Better Living	Essentials of Strength Training	Dean Hodgkin, B.Sc.
Better Living	The Everyday Gourmet: Baking Pastries and Desserts	Chef Stephen L. Durfee
Better Living	The Everyday Gourmet: Cooking with Vegetables	Chef Bill Briwa
Better Living	The Everyday Gourmet: Essential Secrets of Spices in Cooking	Chef Bill Briwa
Better Living	The Everyday Gourmet: How to Master Outdoor Cooking	Chef Bill Briwa and Chef Patrick Clark
Better Living	The Everyday Gourmet: Making Great Meals in Less Time	Chef Bill Briwa
Better Living	The Everyday Gourmet: Making Healthy Food Taste Great	Chef Bill Briwa and Connie Guttersen, Ph.D.



Better Living	The Everyday Gourmet: Rediscovering the Lost Art of Cooking	Chef Bill Briwa
Better Living	The Everyday Gourmet: The Joy of Mediterranean Cooking	Chef Bill Briwa
Better Living	The Everyday Guide to Wine	Jennifer Simonetti-Bryan
Better Living	Food: A Cultural Culinary History	Ken Albala, Ph.D.
Better Living	Fundamentals of Photography	Joel Sartore
Better Living	Fundamentals of Photography II	Joel Sartore
Better Living	Fundamentals of Sustainable Living	Lonnie A. Gamble
Better Living	The Great Tours: Experiencing Medieval Europe	Kenneth R. Bartlett, Ph.D.
Better Living	The Great Tours: Greece and Turkey, from Athens to Istanbul	John R. Hale, Ph.D.
Better Living	How to Boost Your Physical and Mental Energy	Kimberlee Bethany Bonura, Ph.D.
Better Living	How to Draw	David Brody
Better Living	How to Grow Anything: Make Your Trees and Shrubs Thrive	Melinda Myers
Better Living	How to Make Stress Work for You	Kimberlee Bethany Bonura, Ph.D.
Better Living	How to Play Chess: Lessons from an International Master	Jeremy Silman
Better Living	How to Stay Fit as You Age	Kimberlee Bethany Bonura, Ph.D.
Better Living	An Introduction to Infectious Diseases	Barry C. Fox, M.D., Ph.D.
Better Living	Learning to Play Guitar: Chords, Scales, and Solos	Colin McAllister, D.M.A.
Better Living	Mastering Tai Chi	David-Dorian Ross
Better Living	The Mayo Clinic Guide to Pain Relief	Barbara K. Bruce, Ph.D., L.P.
Better Living	Medical School for Everyone: Emergency Medicine	Roy Benaroch, M.D.
Better Living	Medical School for Everyone: Grand Rounds Cases	Roy Benaroch, M.D.
Better Living	Medical School for Everyone: Pediatric Medicine	Roy Benaroch, M.D.
Better Living	The National Geographic Guide to Landscape and Wildlife Photography	Tim Laman and Michael Melford
Better Living	National Geographic Masters of Photography	Various Professors



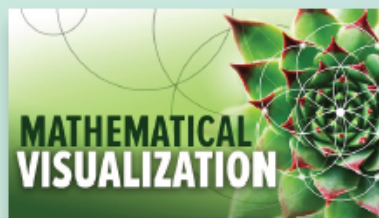
CATEGORY	TITLE	PROFESSOR(S)
Better Living	Optimizing Brain Fitness	Richard Restak, M.D.
Better Living	Outsmart Yourself: Brain-Based Strategies to a Better You	Peter M. Vishton, Ph.D.
Better Living	Polar Explorations	Various Professors
Better Living	Practicing Mindfulness: An Introduction to Meditation	Mark W. Muesse, Ph.D.
Better Living	Raising Emotionally and Socially Healthy Kids	Dr. Eileen Kennedy-Moore, Ph.D.
Better Living	The Science of Gardening	Linda Chalker-Scott, Ph.D.
Better Living	The Science of Integrative Medicine	Brent A. Bauer, M.D.
Better Living	The Science of Mindfulness: A Research-Based Path to Well-Being	Ronald D. Siegel, Psy.D.
Better Living	Stress and Your Body	Robert Sapolsky, Ph.D.
Better Living	Yoga for a Healthy Mind and Body	Heidi Sormaz, Ph.D.
Business & Economics	The Economics of Uncertainty	Connel Fullenkamp, Ph.D.
Business & Economics	Understanding Investments	Connel Fullenkamp, Ph.D.
Finance & Economics	The Art of Investing: Lessons from History's Greatest Traders	John M. Longo, Ph.D.
Finance & Economics	An Economic History of the World Since 1400	Donald J. Harreld, Ph.D.
Fine Arts	Great Music of the 20th Century	Robert Greenberg, Ph.D.
Fine Arts	Music as a Mirror of History	Robert Greenberg, Ph.D.
Fine Arts & Music	The 23 Greatest Solo Piano Works	Robert Greenberg, Ph.D.
Fine Arts & Music	30 Masterpieces of the Ancient World	Diana K. McDonald, Ph.D.
Fine Arts & Music	The Great Works of Sacred Music	Charles Edward McGuire, Ph.D.
Fine Arts & Music	How Colors Affect You: What Science Reveals	William Lidwell, M.S.
High School	Algebra I	James A. Sellers, Ph.D.
High School	How to Become a SuperStar Student, 2nd Edition	Michael Geisen, M.A.
History	The Age of Benjamin Franklin	Robert J. Allison, Ph.D.
History	America in the Gilded Age and Progressive Era	Edward T. O'Donnell, Ph.D.



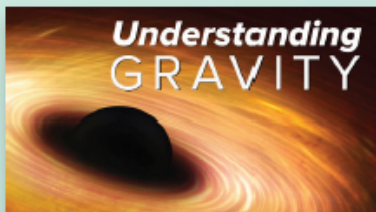
History	Ancient Civilizations of North America	Edwin Barnhart, Ph.D.
History	Ancient Mesopotamia: Life in the Cradle of Civilization	Amanda H. Podany, Ph.D.
History	Archaeology: An Introduction to the World's Greatest Sites	Eric H. Cline, Ph.D.
History	The Big History of Civilizations	Craig G. Benjamin, Ph.D.
History	The Black Death: The World's Most Devastating Plague	Dorsey Armstrong, Ph.D.
History	The Cathedral	William R. Cook, Ph.D.
History	The Celtic World	Jennifer Paxton, Ph.D.
History	The Decisive Battles of World History	Gregory S. Aldrete, Ph.D.
History	Decoding the Secrets of Egyptian Hieroglyphs	Bob Brier, Ph.D.
History	Foundations of Eastern Civilization	Craig G. Benjamin, Ph.D.
History	Foundations of Western Civilization II: A History of the Modern Western World	Robert Bucholz, D.Phil.
History	The History and Achievements of the Islamic Golden Age	Eamonn Gearon
History	A History of British India	Hayden J. Bellenoit, D.Phil.
History	A History of Eastern Europe	Vejas Gabriel Liulevicius, Ph.D.
History	A History of India	Michael H. Fisher, Ph.D.
History	History of the Ancient World: A Global Perspective	Gregory S. Aldrete, Ph.D.
History	History's Great Military Blunders and the Lessons They Teach	Gregory S. Aldrete, Ph.D.
History	The Irish Identity: Independence, History, and Literature	Marc C. Conner, Ph.D.
History	Living History: Experiencing Great Events of the Ancient and Medieval Worlds	Robert Garland, Ph.D.
History	Living the French Revolution and the Age of Napoleon	Suzanne M. Desan, Ph.D.



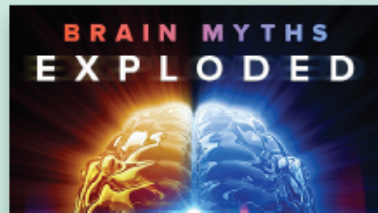
 DENOTES TITLES ARRIVING IN EARLY 2019



CATEGORY	TITLE	PROFESSOR(S)
History	Lost Worlds of South America	Edwin Barnhart, Ph.D.
History	Maya to Aztec: Ancient Mesoamerica Revealed	Edwin Barnhart, Ph.D.
History	The Mysterious Etruscans	Steven L. Tuck, Ph.D.
History	The Ottoman Empire	Kenneth W. Harl, Ph.D.
History	Renaissance: The Transformation of the West	Jennifer McNabb, Ph.D.
History	The Skeptic's Guide to American History	Mark A. Stoler, Ph.D.
History	Turning Points in Middle Eastern History	Eamonn Gearon
History	Turning Points in Modern History	Vejas Gabriel Liulevicius, Ph.D.
History	Understanding the Inventions That Changed the World	W. Bernard Carlson, Ph.D.
Literature	Great Utopian and Dystopian Works of Literature	Pamela Bedore, Ph.D.
Literature & Language	Becoming a Great Essayist	Jennifer Cognard-Black, Ph.D.
Literature & Language	English Grammar Boot Camp	Anne Curzan, Ph.D.
Literature & Language	English in America: A Linguistic History	Natalie Schilling
Literature & Language	Greek 101: Learning Ancient Greek with Homer and the New Testament	Hans-Friedrich Mueller, Ph.D.
Literature & Language	Great Mythologies of the World	Various Professors
Literature & Language	Heroes and Legends: The Most Influential Characters of Literature	Thomas A. Shippey, Ph.D.
Literature & Language	How Great Science Fiction Works	Gary K. Wolfe, Ph.D.
Literature & Language	How to Publish Your Book	Jane Friedman



Literature & Language	How to Read and Understand Shakespeare	Marc C. Conner, Ph.D.
Literature & Language	King Arthur: History and Legend	Dorsey Armstrong, Ph.D.
Literature & Language	Latin 101: Learning a Classical Language	Hans-Friedrich Mueller, Ph.D.
Literature & Language	Learning French: A Rendezvous with French-Speaking Cultures	Ann Williams, Ph.D.
Literature & Language	Learning Spanish: How to Understand and Speak a New Language	Bill Worden
Literature & Language	Screenwriting 101: Mastering the Art of Story	Angus Fletcher, Ph.D.
Literature & Language	The Secrets of Great Mystery and Suspense Fiction	David Schmid, Ph.D.
Literature & Language	Writing and Civilization: From Ancient Worlds to Modernity	Marc Zender
Literature & Language	Writing Great Fiction: Storytelling Tips and Techniques	James Hynes
Philosophy	Books That Matter: The History of the Decline and Fall of the Roman Empire	Leo Damrosch, Ph.D.
Philosophy	An Introduction to Formal Logic	Steven Gimbel, Ph.D.
Philosophy & Intellectual History	The Big Questions of Philosophy	David Kyle Johnson, Ph.D.
Philosophy & Intellectual History	Books That Matter: The Analects of Confucius	Robert Andre LaFleur, Ph.D.
Philosophy & Intellectual History	Meaning of Life: Perspectives from the World's Great Intellectual Traditions	Jay L. Garfield, Ph.D.
Philosophy & Intellectual History	Mind-Body Philosophy	Patrick Grim, Ph.D.
Philosophy & Intellectual History	Redefining Reality: The Intellectual Implications of Modern Science	Steven Gimbel, Ph.D.
Philosophy & Intellectual History	Sci-Phi: Science Fiction as Philosophy	David Kyle Johnson, Ph.D.
Professional	The Art of Debate	Jarrod Atchison, Ph.D.
Professional	The Art of Public Speaking: Lessons from the Greatest Speeches in History	John R. Hale, Ph.D.
Professional	Building a Better Vocabulary	Kevin Flanigan
Professional	Critical Business Skills for Success	Various Professors
Professional	How the World Learns: Comparative Educational Systems	Alexander W. Wiseman, Ph.D.
Professional	Mastering Stage Presence: How to Present to Any Audience	Melanie M. Long, M.F.A.

 DENOTES TITLES ARRIVING IN EARLY 2019


CATEGORY	TITLE	PROFESSOR(S)
Professional	The Surveillance State: Big Data, Freedom, and You	Paul Rosenzweig, JD
Religion	Books That Matter: The City of God	Charles Mathewes, Ph.D.
Religion	Death, Dying, and the Afterlife	Mark Berkson, Ph.D.
Religion	Jesus and His Jewish Influences	Jodi Magness, Ph.D.
Religion	Thinking About Religion and Violence	Jason C. Bivins, Ph.D.
Religion & Theology	The Apocryphal Jesus	David Brakke, Ph.D., M.Div.
Religion & Theology	The Holy Land Revealed	Jodi Magness, Ph.D.
Religion & Theology	Reading Biblical Literature: Genesis to Revelation	Craig R. Koester, Ph.D.
Religion & Theology	The World's Greatest Churches	William R. Cook, Ph.D.
Science	Brain Myths Exploded: Lessons from Neuroscience	Indre Viskontas, Ph.D.
Science	Everyday Engineering: Understanding the Marvels of Daily Life	Stephen Ressler, Ph.D.
Science	The Learning Brain	Thad A. Polk, Ph.D.
Science	Music and the Brain	Aniruddh D. Patel, Ph.D.
Science	Nuclear Physics Explained	Lawrence Weinstein, Ph.D.
Science	Plant Science: An Introduction to Botany	Catherine Kleier, Ph.D.
Science	The Science of Extreme Weather	Eric R. Snodgrass
Science	The Science of Information: From Language to Black Holes	Benjamin Schumacher, Ph.D.
Science	The Search for Exoplanets: What Astronomers Know	Joshua Winn, Ph.D.
Science	The Theory of Everything: The Quest to Explain All Reality	Don Lincoln, Ph.D.
Science	Wonders of the National Parks: A Geology of North America	Ford Cochran
Science & Mathematics	Being Human: Life Lessons from the Frontiers of Science	Robert Sapolsky, Ph.D.
Science & Mathematics	Big Data: How Data Analytics Is Transforming the World	Tim Chartier, Ph.D.
Science & Mathematics	Black Holes, Tides, and Curved Spacetime: Understanding Gravity	Benjamin Schumacher, Ph.D.



Science & Mathematics	Chemistry and Our Universe: How It All Works	Ron B. Davis Jr., Ph.D.
Science & Mathematics	Experiencing Hubble: Understanding the Greatest Images of the Universe	David M. Meyer, Ph.D.
Science & Mathematics	The Higgs Boson and Beyond	Sean Carroll, Ph.D.
Science & Mathematics	How You Decide: The Science of Human Decision Making	Ryan Hamilton
Science & Mathematics	How to Program: Computer Science Concepts and Python Exercises	John Keyser, Ph.D.
Science & Mathematics	The Inexplicable Universe: Unsolved Mysteries	Neil deGrasse Tyson, Ph.D.
Science & Mathematics	The Joy of Mathematics	Arthur T. Benjamin, Ph.D.
Science & Mathematics	Life in Our Universe	Laird Close, Ph.D.
Science & Mathematics	The Mathematics of Games and Puzzles: From Cards to Sudoku	Arthur T. Benjamin, Ph.D.
Science & Mathematics	Mind-Bending Math: Riddles and Paradoxes	David Kung, Ph.D.
Science & Mathematics	Mysteries of Modern Physics: Time	Sean Carroll, Ph.D.
Science & Mathematics	The Nature of Matter: Understanding the Physical World	David W. Ball, Ph.D.
Science & Mathematics	Our Night Sky	Edward M. Murphy, Ph.D.
Science & Mathematics	The Power of Mathematical Visualization	James S. Tanton, Ph.D.
Science & Mathematics	Physics and Our Universe: How It All Works	Richard Wolfson, Ph.D.
Science & Mathematics	Quantum Mechanics: The Physics of the Microscopic World	Benjamin Schumacher, Ph.D.
Science & Mathematics	The Remarkable Science of Ancient Astronomy	Bradley E. Schaefer, Ph.D.
Science & Mathematics	Robotics	John Long, Ph.D.
Science & Mathematics	The Science of Energy: Resources and Power Explained	Michael E. Wyssession, Ph.D.
Science & Mathematics	The Secrets of Mental Math	Arthur T. Benjamin, Ph.D.
Science & Mathematics	Thinking about Cybersecurity: From Cyber Crime to Cyber Warfare	Paul Rosenzweig, JD
Science & Mathematics	Understanding Greek and Roman Technology: From Catapult to the Pantheon	Stephen Ressler, Ph.D.
Science & Mathematics	Understanding Nonverbal Communication	Mark G. Frank, Ph.D.
Science & Mathematics	Understanding the World's Greatest Structures: Science and Innovation from Antiquity to Modernity	Stephen Ressler, Ph.D.
Science & Mathematics	The World's Greatest Geological Wonders: 36 Spectacular Sites	Michael E. Wyssession, Ph.D.



Family and Morale, Welfare, and Recreation

Community Recreation Division



**HUNDREDS OF VIDEOS ON SUBJECTS RANGING FROM
PHOTOGRAPHY TO PHYSICS, ASTRONOMY TO ART,
HISTORY TO HEALTH, AND EVERYTHING IN BETWEEN**

Watch on **rb** digital mobile apps and browsers.



Sign up through your library's website!





Family and Morale, Welfare, and Recreation

Child and Youth Services

- **Save the Date**

- **Parent's Night Out:** 21 March at the Child Development and School Age Center. Enjoy a night out or go see Silent Sky at the Terrace Playhouse. To enroll, contact Parent Central Services or visit WebTrac online. For more information, contact Parent Central Services at 09802-83-2533.

- **Parent Advisory Committee (PAC) Lunch Time Meeting:** 26 March at 1130, building 9028. All parents welcome. PAC is your opportunity to give your input on CYS programs and policies by sharing your opinions directly. Bring your lunch. Refreshments provided.

- **CYS SKIES Unlimited Dance and Karate Classes:** Month to month enrollment for various age groups. To enroll, contact Parent Central Services or visit WebTrac online. For more information, contact Parent Central Services at 09802-83-2533.


- **CYS SKIES Unlimited German Classes:** Month to month enrollment for various age groups. To enroll, contact Parent Central Services or visit WebTrac online. For more information, contact Parent Central Services at 09802-83-2533. Services at 09802-83-2533.

**BLDG 5845**



Family and Morale, Welfare, and Recreation



Child and Youth Services

U.S. ARMY GARRISON ANSBACH
 **SKIES**Unlimited
 Schools of Knowledge, Inspiration, Exploration & Skills

KARATE LESSONS

LEARN FROM A 6-TIME WORLD CHAMPION BLACK BELT
 CLASSES HELD EACH MONTH ON TUESDAYS

Enroll at Parent Central Services or on WebTrac online
<https://webtrac.mwr.army.mil/webtrac/ansbachcys.html>

ansbach.armymwr.com

U.S. ARMY GARRISON ANSBACH
SKIESUnlimited
 Schools of Knowledge, Inspiration, Exploration & Skills

SHARE YOUR SPECIAL SKILLS or EXPERTISE with Children and Youth and earn some extra money!



INSTRUCTORS WANTED!

UNLIMITED INSTRUCTOR POSITIONS AVAILABLE

- SCHOOL OF THE ARTS**
Drawing, Painting, Drama, Voice, Dance
- SCHOOL OF SPORTS**
Tumbling, Hip Hop, Martial Arts
- SCHOOL OF LIFE SKILLS**
Home Alone, Sewing, Jewelry making
- SCHOOL OF ACADEMIC SKILLS**
Tutoring, Poetry, Writing



UNITED STATES ARMY
 CHILD & YOUTH SERVICES
ansbach.armymwr.com

INTERESTED IN GETTING INVOLVED?
 Contact Parent Central Services at DSN 467-2533, CIV 09802-83-2533.




BLDG 5845



Family and Morale, Welfare, and Recreation

Child and Youth Services

CYS SKIES *Unlimited* German Language classes for children 3-5 years old and Kindergarten to 2 grade.

To enroll, contact Parent Central Services or visit WebTrac online.

CYS registration required

For more information, contact Parent Central Services at 09802-83-2533.





Family and Morale, Welfare, and Recreation

Child and Youth Services

DATE	TIME	EVENT	LOCATION
21 March	17:30	Parent's Night Out	CDC/SAC building 9028
26 March	11:30	Parent Advisory Committee Lunch Meeting	CDC/SAC building 9028





Public Affairs Office

OUTREACH - KONTAKT FRANKEN

German-American Friendship Club

The Outreach-KONTAKT program gives American Soldiers, family members and civilians an opportunity to learn about Germany and its culture, customs and language alongside Germans and citizens of other countries. It helps bridge cultural differences. Outreach-KONTAKT club members are goodwill ambassadors for both the United States and Germany. It is USAREUR's only regulatory outreach community relations program and connects us to the local populace in current, enduring, and former USAREUR communities.



Monthly Stammtisch meetings:

- Every first Thursday, 7 p.m., Gasthaus Schwarzes Ross, Ansbach-Wasserzell
- Every third Thursday, 7 p.m., Café Linde, Marktplatz 4 in Herrieden

German-American Bowling Night:

- Every fourth Thursday (winter), 6:30 p.m., Katterbach Bowling Center



<https://www.facebook.com/OutreachKONTAKTFranken/>

Contact: Public Affairs Office, 0981-183-7786 or DSN 468-7786





UNCLASSIFIED

Directorate of Human Resources

United States Postal Service

U.S. Postal Service will no longer accept hand written

United States Postal Service
Customs Declaration and Dispatch Note - CN 72

IMPORTANT: This form may be opened officially. Please print in English, using blue or black ink, and print clearly and use standard metric units. See Priority Mail and International Mailbox for more information.

Sender's Name: **DOE JOHN**
Sender's Address: **CMR 484 BOX 4356**
Sender's City/State/Zip: **AE 09250**

Recipient's Name: **JANE**
Recipient's Address: **1234 MAIN STREET**
Recipient's City/State/Zip: **SPRINGFIELD MI 49738**

Contents: **STEIN** 1 1 0 65⁰⁰
HAT 1 1 0 15⁰⁰
T-SHIRT 1 2 0 22⁰⁰

Weight: **3 4** Pounds (7)
Value: **102.00**

Signature: **John Doe** Date: **02242020**

U.S. Postal Service will no longer accept hand written

USPS® Customs Declaration - CN 22

IMPORTANT: The form may be opened officially. See Priority Mail and International Mailbox for more information.

Sender's Name: **DOE JOHN**
Sender's Address: **CMR 484 BOX 4356**
Sender's City/State/Zip: **AE 09250**

Recipient's Name: **JANE**
Recipient's Address: **1234 MAIN STREET**
Recipient's City/State/Zip: **SPRINGFIELD MI 49738**

Contents: **STEIN** 1 1 0 65⁰⁰
HAT 1 1 0 15⁰⁰
T-SHIRT 1 2 0 22⁰⁰

Weight: **3 4** Pounds (7)
Value: **102.00**

Signature: **John Doe** Date: **24 FEB 2020**

AUGUST 13, 2020

The U.S. Postal Service will soon require customs forms to be completed online for all packages. Customs information must be entered into an electronic system to ensure Military Postal Service in compliance with USPS regulations U.S. import and export laws to enhance mail security.

What is the garrison doing to help?

- ☐ Two kiosk with internet and printer at each post office.
- ☐ "How To" Video and Print Information at the Kiosk and distributed to each customer.
- ☐ Customer support from postal staff.

Options:

- ✓ Fill out your customs forms online and print at each Post Office.
- ✓ Complete and print your forms prior to arrival. Completing and printing prior to arrival will help reduce customer wait time.





Directorate of Human Resources

PASSPORT OFFICE OPEN

USAG Ansbach Passport office is opened for services:

Passport Services **New Hours of Operation:**

Tuesday - Thursday, 8 a.m. - noon, 1 - 4 p.m.

For online appointments:

https://usag_ansbach_passports.timetap.com



Phone: DSN 467-3456/3473

CIV 09802-83-3456/3473

Email: usarmy.ansbach.id-europe.list.ansbach-passports@mail.mil

Location: Central Processing Facility, Katterbach Kaserne, Bldg. 5818, Rm. 118

SOFA Services Hours of Operation:

Monday - Thursday 8 a.m. - noon, 1 - 4 p.m. Friday, 1 - 4 p.m.

Open on German holidays. Closed on U.S. holidays. No appointment necessary.

YOUR PASSORT TEAM ☺





Sexual Harassment Assault Response Prevention

SHARP Special Event: ~~Thursday, 19 March 2020~~

PURE PRAXIS

PRESENTED BY:
7TH ARMY TRAINING COMMAND SHARP OFFICE

**Postponed until early Summer due
to Defender-Europe 20**

ENCOURAGE. EMPOWER. EDUCATE.

0900-1000

1030-1130

1400-1500





Religious Support Operations

UNCLASSIFIED

*The **BEST** Hometown in Europe!*
Chapel



Katterbach Chapel Renovation

April 27, 2020

- All Worship Services, Religious Education, and Chapel Auxiliaries occur in BLDG 5805 (Former Gym)
- All Watch Care in BLDG 5510 (Former CDC)
- Religious Support Offices operate from BLDG 5821 (Fellowship Hall)

May 4, 2020

- Renovation Begins - Estimated 12 months





Ansbach Dental Clinic

Ansbach Dental Clinic (bldg. across PX/Commissary)
Comanche Boulevard, Building 8156, 2nd Floor Urlas Kasserne,
Ansbach, Germany

Hours of Operations:

Normal Hours: MON-FRI: 0730-1630

SICK CALL: 0730-0930

Emergencies:

DSN: 112

Civilian Number: 09802-83-112

Contact Number:

DSN: 590-3700

Civilian Number: 06371-9464-3700

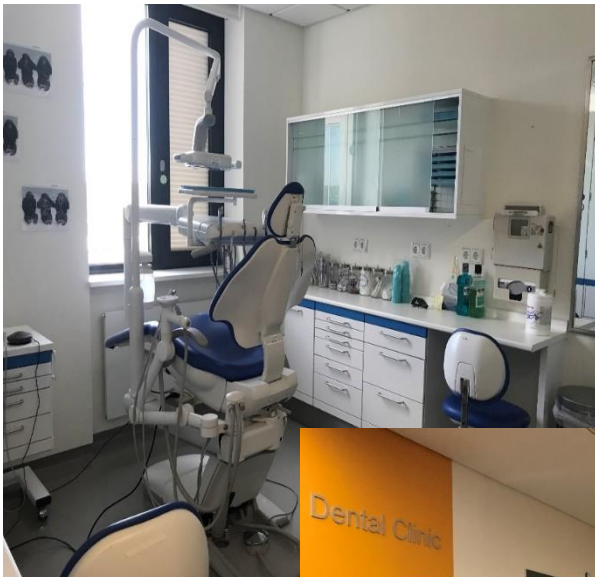
Minimal Manning day every training
holidays and close on all US federal
holidays.





Services

- | | |
|--|---|
| <ol style="list-style-type: none">1. General Dentistry2. Oral Surgery (Oral Sedation)3. Periodontics | <ol style="list-style-type: none">4. Prosthodontics (Limited – in house)5. Endodontics6. Hygiene/Hygiene Exam |
|--|---|





Veterinary Treatment Facility

Announcements

- Due to recent staff losses appointments and hours at the VTF will be limited until new staff is on boarded.
- New hours will be in effect until we are fully staffed.
- The VTF will be closed the majority of the week of 22-28 March due to a military exercise. Check Facebook for hours during that week.
- Please see our Facebook page for updates @AnsbachVTF

Operating Hours (NEW)

- Monday: 0830 – 1200
- Tuesday: 0830 – 1200, 1300 – 1600
- Wednesday: CLOSED
- Thursday: 0830 – 1200, 1300 - 1600
- Friday: 0830 – 1200
- Closed Federal holidays and the last business day of the month

Contact Information

- Commercial: 09802-83-3179
- DSN: 467-3179





Exchange

APRIL IS THE MONTH OF THE MILITARY CHILD



Just like dandelions, military children blossom wherever they land. We salute their fearless spirit. April is the Month of the Military Child: dedicated to celebrating our youngest Heroes – Our dandelions whose service and sacrifices make the Warfighter's mission and focus possible.

CELEBRATE THE MONTH OF THE MILITARY CHILD IN APRIL WE SALUTE OUR YOUNGEST WARRIORS!

This year, the Exchange is once again collaborating with the Commissary and our sister Exchanges to celebrate the month of April and the military child. Just like dandelions, military children blossom wherever they land. We salute their fearless spirit. April is the Month of the Military Child: dedicated to celebrating our youngest heroes – our dandelions whose service and sacrifices make the Warfighter's mission and focus possible.

Purple symbolizes the combined colors of all branches of the military—Army green, Coast Guard blue, Air Force blue, Marine red, and Navy blue. Purple is strategically utilized in all our marketing elements to represent the Month of the Military Child.

The dandelion is the official flower of the Military Brat.



PURPLE UP!

for military kids





Defense Commissary Agency



Defense Commissary Agency

Store Information & Operating Hours

Normal Operating Hours

Sunday – 1000-1800

Monday –Closed

Tuesday – 1100-1900 (Early Bird 1000-1100)

Wednesday – 1100-1900 (Early Bird 1000-1100)

Thursday – 1100-1900 (Early Bird 1000-1100)

Friday – 1100-1900 (Early Bird 1000-1100)

Saturday – 1000-1800



Department Telephone Numbers

Customer Service: DSN 467.7040

Grocery Manager: DSN 467.7073

Meat: DSN 467.7074

Deli/Bakery: DSN 467.7030

Produce Manager: DSN 467.7075

Administrative Assistant: DSN 467.7061

Store Administrator: DSN 467.7063

Guest Rules

Guests may enter the commissary only when accompanied by an authorized patron. To protect the commissary benefit, I.D cards will be verified upon checkout.

Special Order Information

Please place special orders involving large quantities of food at least one week before your event.





Defense Commissary Agency



Defense Commissary Agency



Shopping on the installation

Joint Resale committee encourages customers to save money by pushing benefits of commissaries, exchanges

*By Jessica Rouse,
DeCA public affairs specialist*

Note: Go to the DeCA website to read this news release [online](#).

FORT LEE, Va. – For the last three years, the Defense Commissary Agency (DeCA) and its military resale counterparts, the [Army & Air Force Exchange Service](#) (AAFES), [Coast Guard Exchange](#) (CGX) the [Marine Corps Exchange](#) (MCX), and the [Navy Exchange Service Command](#) (NEXCOM), have convened a joint marketing conference to find innovative ways to attract and better serve military customers.

During this year's conference, hosted Jan. 22 by the Defense Commissary Agency (DeCA), the group discussed expanded gift card access and increased collaboration with the new joint buying alliance, which was introduced last year.

"We have shown we can collaborate and work well together," said Chris Burns, DeCA's executive director for the Sales, Marketing and Logistics Group. "And this group, as a team, can make decisions, which will help bring the customer back."

AAFES President/Chief Merchandising Officer Ana Middleton applauded the military resale organizations for collaborating year-round.

"The exchanges and commissary bring value to military communities," Middleton said. "This annual meeting allows us to join forces to emphasize how our respective organizations can help our communities understand the importance of their military resale benefit. Together, we continue to develop meaningful ways to keep military families coming back to their installations."

The group discussed military shopper trends, the state of the retail industry and marketing strategies to drive traffic to installations.



Commissaries and exchanges, like the ones pictured here at Marine Corps Base Quantico, Virginia, are typical of the savings realized by shopping on the installation. (DeCA photo: Kevin Robinson)





Defense Commissary Agency



Defense Commissary Agency



The group also addressed:

- **Military-specific issues.** Marketing with a focus on solving the challenges of military life holds special appeal and benefits for shoppers. As an example, the group discussed coupon booklets for PCS season. The booklets would contain information that service members need to know when leaving or moving to an installation, alongside money-saving coupons on cleaning supplies. The group discussed working with other agencies to promote financial wellness for service members.
- **Joint marketing campaigns.** Military shoppers will see joint promotions during the Month of the Military Child in April, Military Appreciation Month in May, National Military Families and Veterans Appreciation Month in November and the “Your Holiday Bill is On Us” MILITARY STAR card sweepstakes in December. The group is also working on a sustainability campaign to promote their environmental efforts.
- **Gift cards.** Customers will be able to purchase gift cards from each retailer no matter where they choose to shop.
- **Metrics.** The group developed metrics to evaluate the success of the joint marketing campaign. The data will help gauge customer interest on certain sales and provide other shopper insights.
- **Reaching the community.** Joint social media campaigns or direct mailings help involve patrons through events like the NFL’s annual ProCamps on military installations.
- **Military tag line.** The group also discussed launching a joint military resale tag line, for use during joint events.
- **Continued support.** The group agreed to continue communicating the benefits of the MILITARY STAR card and educating patrons on using credit responsibly and sharing best practices on data related to sales performance, marketing promotions and shopping trends as well.

The joint buying alliance has been sharing common data and the cost of goods by maximizing combined buying power since Jan. 31, 2019, when the military resale community signed a memorandum of understanding to establish the alliance with the purpose of providing even greater savings for customers. In addition, the alliance helps enable the military resale community to gain increased industry partner collaboration.

“As we continue to move forward with the military resale buying alliance, we see both the impact with what we have accomplished and the potential of what we have in front of us,” said Christine Estes, vice president, omni channel product and promotions marketing, NEXCOM. “The opportunity to collaborate with our sister exchanges and DeCA is exciting!”

“We have had much success with joint promotions,” said Hector Granado, DeCA’s marketing director. “When the marketing arms of all the military resale members get together great things happen. After all, we are all on the same team and collaborating with our exchange partners helps them, DeCA and all our customers.”

-DeCA-

About DeCA: *The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Commissaries provide a military benefit, saving authorized patrons thousands of dollars annually on their purchases compared to similar products at commercial retailers. The discounted prices include a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America’s military and their families, and help recruit and retain the best and brightest men and women to serve their country.*





Submit Your Questions!!

Survey Cards



https://ice.disa.mil/index.cfm?fa=card&sp=141837&s=158&dep=*DoD





The Next CLIF

1 April 2020

1100 – 1200

**Von Steuben Community Center
BLDG 5845, Bismarck Kaserne**





Non-Federal Entities (External Organizations)



Retired Soldiers Council (RSC)

Serving Retired Soldiers, Families and Survivors

Location: Katterbach Building 5817 Room 207 (B – wing)

Office hours: Monday, Tuesday, Wednesday & Thursday 1300-1700

Location: Illesheim Storck Barracks Building 6510 Room 205

Office hours: 2nd Wednesday of month 1300-1700

**For VA claim assistance with Mark C. Kistner and or Eddie Guevara (VA accredited representatives)
email for appointment va.vso.emg.vfw@gmail.com or Mark.C.Kistner@gmail.com**

POC: E-mail: eddie.m.guevara.vol@mail.mil



David Chavez Post 1982

Post Commander Eddie Guevara

Katterbach Bldg 5515 (next to the Thrift Store)



Community

Legionnaires help schools with flag education, military history, Boys/Girls State, Oratorical contests, Junior ROTC, and Junior Shooting Sports

Military Support

- Advocacy in Washington, D.C., for quality-of-life benefits for members of the Armed Forces
- Fair treatment and support for military retirees
- Support for adequate defense funding

Date	Time	Event	Location
10 MAR	1800	Membership Meeting	Legion Home BLDG 5515
21 MAR	1300	Department of France Executive Committee Meeting	Legion Home BLDG 5515

- Eliana Vales, Ansbach M/HS highest score in the Precision shooting discipline and is the State Champion in The American Legion Junior Shooting Sports National Postal Tournament.
- American Legion Youth Shooting State/Department level competition Ansbach M/HS JROTC took 3 out of 20 Teams.
- Sponsor to Easter Eggs Hunt 28 March
- Sponsor to Vietnam Veterans War Commemoration Event 29 March
- Free Martial Arts class every Wednesday 1800-1900

American Red Cross

17 MARCH 2020
0900-1700
at the Katterbach
Fitness Center

BLOOD
DRIVE
COMING!

Field Office Assistant- Leigh Iles

Leigh.iles@redcross.org





UNCLASSIFIED Ansbach Spouses & Civilians Club

Become a Member and Join the Fun!

<https://asccbavaria.wixsite.com/ascc>

Email: asccprograms@gmail.com



Events 2020

<u>MARCH</u>	<u>APRIL</u>	<u>MAY</u>
St. Paddy's Day Bingo	Chinese Luncheon	Cinco de Mayo Paint/Sip
Taste of Home Luncheon	Spring Fling Potluck/Movie	May Luncheon
Nove Pottery Trip	Antique day shopping at Angel Antiques	
Easter Egg Hunt		

Board Positions



President
 VP1-Programs
 VP2-Welfare
 Secretary
 Treasurer
 Membership
 Publicity Chair
 Volunteer Coordinator
 Ways & Means Chair



Winter hours

Effective November 1st our hours will change

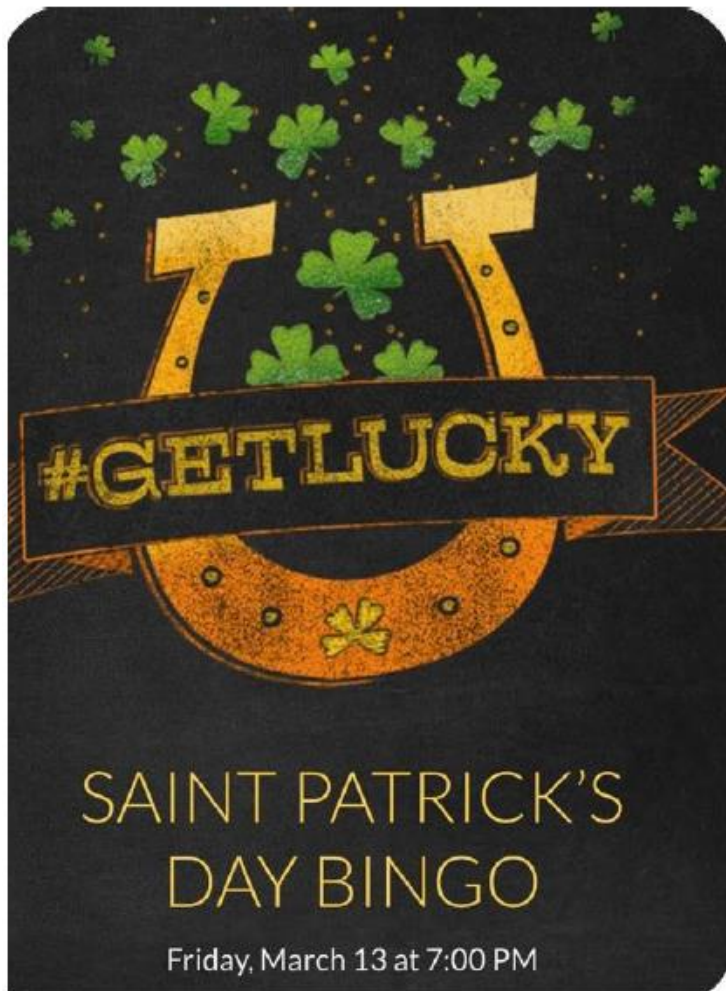
Tuesdays: 11-2pm

Thursdays: 12-6pm

1st Saturdays of the Month: 11-3 pm

Exceptions: November 16th 11-3pm

Ansbach Spouses & Civilians Club



Bingo Nite: 7 pm

Doors Open at 6:30 pm

For more information please email

asccprograms@googlemail.com

POC: Evelyn Smith asccpresident@gmail.com



Easter Egg Hunt March 28th

Looking for Volunteers for this event please

email to asccpresident@gmail.com

Ansbach Spouses & Civilians Club

Volunteers welcome!



Start this new year getting involved in our community, come and v... See More

Volunteers--- we offer 12 hours free childcare

For more information please email our thrift shop manager at asccthriftshop@gmail.com

Ansbach Spouses' and Civilians' Club Scholarships

* High School Seniors, Dependents, and DoD ID holders looking to attend college or a Trade School Fall 2020 are encouraged to apply!

All applications must be submitted by March 27, 2020 to be eligible to receive aid for the Fall 2020 school year

Apply online now at:

High School Seniors: <https://forms.gle/LdmBHqeTApb9JeAy9>

Dependents: <https://forms.gle/YBSeiTryfvRLRBqb8>

Continuing Education: <https://forms.gle/Kzt2at2LFgrQiuWA6>



Community Bank

CommunityBankOperated by **Bank of America** 

Ansbach Banking Center (Building #5824)

- Monday-Wednesday & Friday: 09:00 – 16:00
- Thursday: 11:00 – 18:00
- Phone: CIV: 09802-95030 DSN: 467-2122
- ATM Locations: Banking Center – Bldg. #5824
URLAS Shopping Center Bldg. #8135
Bismarck Kaserne Bldg. #5843D
- Online banking: www.dodcommunitybank.com

Illesheim Banking Center (Building #6532)

- Monday - Friday: 09:00 – 16:00
- Phone: CIV: 09841-8791 DSN: 467-4540
- ATM Locations: Banking Center – Bldg. #6532
Gas Station – Bldg. #6528
- Online banking: www.dodcommunitybank.com

Open on **American** HolidaysClosed on **German** Holidays due to
German Labor Law